



SAN ANTONIO LIFETIME RECOVERY, INC.

The mission of Lifetime Recovery is "Changing lives through comprehensive treatment of Substance Abuse," with a vision that "The Hope is Real." Our objective is to provide high quality counseling and recovery support services to individuals suffering from mental health and substance use disorders, and to support them in achieving and maintaining sobriety, becoming healthy, productive members of the community.

WHAT DOES LIFETIME RECOVERY PROVIDE?

We provide counseling and treatment for approximately 1,600 men and women annually, utilizing evidence-based programming by licensed professional counselors (LPC) and licensed chemical dependency counselors (LCDC) in both residential and outpatient settings.

OUTPATIENT PROGRAM

We provide care and treatment in an outpatient setting through mental health and substance abuse counseling geared toward the restoration of families, reunification with children, and have had successful progress for those involved with Family Protective Services. All clients receive a full psycho/social assessment by an LPC or LCDC. A typical week consists of 8- 10 hours of treatment which includes parenting classes, relapse prevention and education with a minimum of one hour of individual counseling. We have morning and evening tracks. The morning schedule is 9am-12pm and eve is 5pm-8pm Mon-Wed with Thursdays used as a make-up day if needed.

RESIDENTIAL PROGRAM

We offer residential services that foster transition from a life of substance use to one of sobriety and good health. Services include safe, clean and dignified accommodations, daily nutritious meals, recreational facilities, and activities designed to meet a client's spiritual, mental and physical health needs. This program is typically 45-90 days determined by funder or therapy.

RECOVERY LINKS

Through our Recovery Links program, we provide support and assistance for one year following treatment to help clients overcome barriers which may hinder recovery. Clients are encouraged to connect with the recovery community to locate assistance in finding transportation, obtaining and maintaining meaningful employment, job training, and meeting healthcare and housing needs.

FUNDER AGENCIES

Department of Family Protective Services * Department of State Health Services * Medicaid * Bexar County * United States Parole Office* United States Pretrial Office* Private Pay

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