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FOR IMMEDIATE RELEASE:

April 23, 2020

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Bexar County COVID-19 Mental Health Resources and Improved Website

Bexar County Department of Behavioral Health Connects Community with Service Agencies online.

During this time of uncertainty, we want to remind residents that Bexar County partners with agencies in our community to create a safety net of services for adults and children suffering due to mental health, substance abuse, and disabilities. The effects of COVID-19 can be especially difficult for those experiencing mental health concerns. In the event of a mental health crisis including suicidal or homicidal thoughts, call the 24-Hour Crisis Helpline at 210-223-7233.

“This is a stressful and fearful time for all. We all respond differently. Because of this, we each are faced with learning how to best personally respond to these challenging times and meet our needs,” stated Gilbert Gonzales, Director of the Bexar County Department of Behavioral Health.

“The Bexar County Department of Behavioral Health has useful service agencies listed on our newly improved website where you can search for resources to meet your needs. We encourage you to actively engage in fostering, maintaining and improving your mental health. Doing so will benefit you, your loved ones and the Community.”

If you have knowledge that someone is likely to cause harm to themselves or others due to their mental illness, call the Bexar County Clerk Mental Health Office at 210-335-2536 for an application for Emergency Apprehension and Detention. If a person is actively attempting to commit suicide or becoming dangerously violent, call 911 and ask for a crisis intervention team officer to be sent.

The Center for Health Care Services has clinics across Bexar County operating under normal business hours to serve people in need. For 12-Steps recovery call the 24-Hour Crisis Hotline, call 210-828-6235. For the Homeless Connection call the Hotline Monday through Friday, from 8:30 a.m. to 4:30 p.m. at 210-207-1799. For information regarding Emergency Food Assistance call: 210-431-8326.

For more information and resources, please visit the new Bexar County Department of Behavioral Health website at: <https://www.bexar.org/192/The-Department-of-Behavioral-Health>.

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